



# GET THE SHOT, NOT THE FLU!

Here are **3 important reasons** to get your flu shot this flu season.

**1.**

With the COVID-19 pandemic still ongoing, getting a flu shot is **more important than ever**. According to the CDC, it's likely that the flu and COVID-19 will both spread this fall and winter.

**2.**

Getting a flu shot **cuts your chances of getting the flu almost in half**, according to the CDC. Getting a flu shot can also help to reduce severity of symptoms if you do get the flu.

**3.**

Flu shots are easy to get! Flu shots should be available at your provider's office or pharmacy. We offer transportation to your provider's **office or pharmacy** for your flu shot at no cost for all enrollees.

Now is not the time to gamble on getting the flu. Make a plan to get your flu shot today. Please call the AmeriHealth Caritas District of Columbia Community Outreach Solutions team at 202-216-2318.

**They can help you get a flu shot!**

**English:** If you do not speak and/or read English, please call **1-800-408-7511 (TTY 1-800-570-1190)**, available 24 hours a day, seven days a week. A representative will assist you.

**Español:** Si no habla y/o lee inglés, llame al **1-800-408-7511 (TTY 1-800-570-1190)**, línea disponible las 24 horas del día, los siete días de la semana. Un representante le ayudará.

**አማርኛ:** ኢንግሊዝኛን መናገር እና/ወይም ማንበብ የማይችሉ ከሆነ፣ እባክዎ በ **1-800-408-7511 (TTY 1-800-570-1190)** ይደውሉ፤ በቀን 24 ሰዓታት፣ በሳምንት ሰዓት ቀናት ይገኛል። ተወካይ ይረዳዎታል።

**Tiếng Việt:** Nếu quý vị không nói và/hoặc đọc Tiếng Anh, vui lòng gọi **1-800-408-7511 (TTY 1-800-570-1190)**, 24 giờ một ngày, bảy ngày một tuần. Sẽ có người đại diện hỗ trợ quý vị.